

**Adanac CYC**  
**Disc Golf – Risk Management Plan**

<b>School:</b>	<b>Year Level:</b>
<b>Supervising teachers / staff:</b>	<b>Dates:</b>
<b>Program / Excursion:</b>	<b>Location:</b>

For an explanation of risk management terminology and to ensure you understand how the rating / grading system is determined please ensure you have read the **CYC Activity Risk Profile** document.

The Disc Golf Risk Management Plan contains the specific risks, control measures and gradings for this activity, as well as the gradings of all general risks relevant for all CYC activities. Please refer to the **General Activity Hazards – Risk Management Plan** for a list of general risks and control measures relevant for all CYC activities.

Risk Description	Existing Control Measures	Risk Rating		
		Likelihood	Consequence	Control Effectiveness
<b>Slip – Trip – Fall</b> Caused by; 1. Wet conditions	<ul style="list-style-type: none"> <li>Care should be taken when the grass is wet and slippery, especially if using a run-up when throwing the disc</li> </ul>	Unlikely	Minor	Satisfactory
2. If using another activity	<ul style="list-style-type: none"> <li>Participants are instructed not to go on any other activity whilst completing the Disc Golf Course</li> </ul>	Unlikely	Minor	Satisfactory
<b>Cutting / Scratching</b> Caused by searching for Discs in trees or bushes	<ul style="list-style-type: none"> <li>Be observant of wayward throws, watch closely for where the disc enters heavily trees areas to minimize the amount of searching</li> </ul>	Possible	Minor	Satisfactory
<b>Striking</b> 1. Being hit by disc	<ul style="list-style-type: none"> <li>Follow disc golf rules, ie. wait until group in front and the flight path are clear, participants waiting to throw are standing behind current thrower</li> <li>If completing practice throws prior to commencing course, participants should be well spaced out and throwing to be controlled by leader</li> </ul>	Unlikely	Minor	Satisfactory
2. Students being hit by road users, or participants and equipment from other activities	<ul style="list-style-type: none"> <li>Course has been designed so there is minimal contact with road users on the site</li> <li>Participants are instructed to be alert and aware when on or near any roads or other activities within the campsite</li> <li>The group is instructed to walk around, rather than through activities if searching for their disc</li> <li>Participants always work in small groups and are instructed to look out for each other</li> </ul>	Rare	Moderate	Satisfactory
<b>Strain</b> Muscle strain caused by insufficient warm up or overexertion	<ul style="list-style-type: none"> <li>Warm up exercises can be performed for arms, shoulders,</li> <li>Practice throws are completed prior to commencing the round</li> </ul>	Unlikely	Minor	Satisfactory

<p><b>Snake Bite</b></p>	<ul style="list-style-type: none"> <li>• Instructions given on what to do if a snake is sighted</li> <li>• If looking for discs in thick bushes watch where you step</li> <li>• Always wear closed toe footwear</li> <li>• First aid kit available</li> <li>• Suitable communication available</li> <li>• Staff trained in first aid and CPR</li> </ul>	<p>Rare</p>	<p>Moderate</p>	<p>Satisfactory</p>
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**Risk Rating – Disc Golf**

All identified risks are recorded in the Risk Matrix according to the Likelihood and Consequence ratings. The purpose of this matrix is to provide a snapshot of all identified risks and establish the level of risk associated to determine if further treatment is required.

X		Likelihood					
		Almost Certain	Likely	Possible	Unlikely	Rare	
Consequence	Catastrophic	80	64	48	32	16	<ul style="list-style-type: none"> <li>• Environmental Exposure 4</li> <li>• Environmental Hazard 3</li> </ul>
	Major	40	32	24	16	8	<ul style="list-style-type: none"> <li>• Environmental Hazard 1</li> <li>• Inappropriate use after hours</li> <li>• People – Instructor 1 &amp; 2</li> <li>• People – Group Leader 2</li> </ul>
	Moderate	20	16	12	8	4	<ul style="list-style-type: none"> <li>• People – participant behaviour</li> <li>• Environmental Exposure 2</li> <li>• Striking 2</li> <li>• Snake Bite</li> <li>• Environmental Exposure 3</li> </ul>
	Minor	10	8	6	4	2	<ul style="list-style-type: none"> <li>• Cutting / Scratching</li> <li>• Slip-Trip-Fall</li> <li>• Environmental Exposure 1</li> <li>• Environmental Hazard 2</li> <li>• People – participant ability</li> <li>• Slip-Trip-Fall 1 &amp; 2</li> <li>• Striking 1</li> <li>• Muscle Strain</li> <li>• Entanglement</li> <li>• Cutting / Scratching</li> <li>• Striking</li> <li>• People – Group Leader 1</li> </ul>
	Insignificant	5	4	3	2	1	

NB: All risks in **bold** are Disc Golf specific risks. All other risks are from the General Activity Hazards RMP and are therefore relevant for all activities.

For grading risks, scores obtained from the risk matrix are assigned grades as follows;

<p><b>HIGH</b> 20 – 80</p>	<p><b>MEDIUM</b> 10 – 16</p>	<p><b>LOW</b> 1 – 8</p>
<p>Unacceptable risk which requires immediate action to reduce or remove the hazard.                      Senior management <b>must</b> be notified.                      Item should be <b>TAKEN OFF LINE</b> until risk reduced.</p>	<p>Conditionally acceptable, requires short term controls and continuous monitoring.</p>	<p>Acceptable risk, however monitoring required ensuring risk does not escalate.                      Review in 12 months or if situation changes.</p>