

ADANAC PACKING LIST

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|--|---|
| <input type="checkbox"/> Sheet | <input type="checkbox"/> Shorts |
| <input type="checkbox"/> Sleeping Bag or Doona | <input type="checkbox"/> Bathers (optional) |
| <input type="checkbox"/> Pillow Slip | <input type="checkbox"/> Beach Towel |
| <input type="checkbox"/> Toiletries (Soap, toothbrush, etc.) | <input type="checkbox"/> Medication |
| <input type="checkbox"/> Bath Towel | <input type="checkbox"/> Sun Hat |
| <input type="checkbox"/> Plastic bag for dirty clothes | <input type="checkbox"/> Sunscreen |
| <input type="checkbox"/> Jeans / Long Pants | <input type="checkbox"/> Sturdy Shoes |
| <input type="checkbox"/> Jumpers | <input type="checkbox"/> Socks |
| <input type="checkbox"/> Rain jacket | <input type="checkbox"/> Drink Bottle |
| <input type="checkbox"/> Shirts | <input type="checkbox"/> Camera (optional) |

Leave at home: Valuables, weapons, alcohol.

ADANAC CYC provides bunk beds with Mattresses & Pillows. Guests must bring their own bedding and towels.

Rooms sleep between 2 and 12 people, individual room assignments will be made by the group leader.

No drinking or eating is allowed in the sleeping accommodation.

ADANAC CYC is a smoke-free facility.