

**Adanac CYC**  
**Stand Up Paddle (SUP) Boarding – Risk Management Plan**

<b>School:</b>	<b>Year Level:</b>
<b>Supervising teachers / staff:</b>	<b>Dates:</b>
<b>Program / Excursion:</b>	<b>Location:</b>

For an explanation of risk management terminology and to ensure you understand how the rating / grading system is determined please ensure you have read the **CYC Activity Risk Profile** document.

The Canoeing Risk Management Plan contains the Canoeing specific risks, control measures and gradings, as well as the gradings of all general risks relevant for all CYC activities. Please refer to the **General Activity Hazards – Risk Management Plan** for a list of general risks and control measures relevant for all CYC activities.

Hazard & Risk Description	Existing Control Measures	Risk Rating		
		Likelihood	Consequence	Control Effectiveness
<b>Slip – Trip – Fall</b> 1. When getting on and standing up onto the SUP board	<ul style="list-style-type: none"> <li>Instructor to demonstrate correct procedure for getting onto and standing up on the SUP board</li> <li>Participants should start on their knees and then stand up once further out from shore.</li> <li>Correct footwear must be worn at all times</li> <li>Instructor to assist participants at entry and exit if necessary</li> </ul>	Likely	Minor	Satisfactory
2. Participant slipping / falling when on lake edge	<ul style="list-style-type: none"> <li>Hazardous areas of lake perimeter are highlighted (rocks, steep slopes, mud)</li> <li>Appropriate footwear to be worn at all times</li> </ul>	Unlikely	Minor	Satisfactory
3. When playing SUP Board games	<ul style="list-style-type: none"> <li>Instructor to outline rules of SUP board games and possible consequences if the rules aren't followed</li> <li>Only appropriate games for the group's age and ability level will be played</li> <li>Correctly fitted buoyancy vests, helmets and shoes must be worn at all times</li> </ul>	Likely	Minor	Satisfactory
<b>Striking</b> Injury caused by; 1. Being hit by paddles	<ul style="list-style-type: none"> <li>If SUP boards are 'rafted up' paddles are to be placed on the SUP board when not required</li> <li>Participants are to have paddle awareness and to be careful when other SUP boarders are within close range</li> <li>Hand needs to be on top of the "T" grip at all times</li> <li>All participants are to be wearing helmets when on the water</li> </ul>	Possible	Minor	Satisfactory
2. Collisions with other craft, water users and solid objects (decks, jetty, embankment etc.)	<ul style="list-style-type: none"> <li>Boundaries are clearly defined during the briefing</li> <li>Each group is asked to stay within their boundaries and not disrupt other users</li> <li>Operations of other users on the lake (canoeing, raftmaking and waterside) should be identified before entering the water</li> <li>Participants are asked to not deliberately crash into other SUP boarders</li> <li>If paddler is in the water, other users are to keep clear of them</li> <li>Correct 'Emergency Stop' paddling technique is taught during pre-activity briefing</li> </ul>	Likely	Minor	Satisfactory
<b>Crushing</b> Injury caused when SUP boards are 'rafted' together ie trapped fingers / hands	<ul style="list-style-type: none"> <li>Participants are warned against getting fingers / hands crushed when SUP boarders are 'rafting' up or when rafted canoes are moving towards solid objects</li> </ul>	Unlikely	Minor	Satisfactory
<b>Manual Handling</b> Injury due to heavy lifting or manual handling	<ul style="list-style-type: none"> <li>Participants are shown how to carry and hold equipment correctly</li> <li>Use sufficient people to share the load when lifting / moving SUP boards or equipment</li> </ul>	Unlikely	Minor	Satisfactory

<p><b>Water – drowning / near drowning</b></p> <p>After falling from SUP board or when swimming in lake</p>	<ul style="list-style-type: none"> <li>• All participants are to wear a correctly fitted buoyancy vest that conforms to the relevant Australian Standard when in/on the water at all times</li> <li>• A correctly fitted helmet must be worn at all times</li> <li>• Participants are briefed on how to minimise their chances of falling off and actions that could cause falling</li> <li>• Participants are instructed what to do in the event of a falling off and how to get back on</li> <li>• Site program staff are trained in rescue procedures and first aid</li> </ul>	<p>Rare</p>	<p>Catastrophic</p>	<p>Satisfactory</p>
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**Risk Rating – SUP Boarding**

All identified risks are recorded in the Risk Matrix according to the Likelihood and Consequence. The purpose of this matrix is to provide a snapshot of all identified risks and establish the level of risk associated to determine if further treatment is required.

X		Likelihood					
		Almost Certain	Likely	Possible	Unlikely	Rare	
Consequence	Catastrophic	80	64	48	32	16	<ul style="list-style-type: none"> <li>• <b>Water – drowning</b></li> <li>• Environmental Exposure 4</li> <li>• Environmental Hazard 3</li> </ul>
	Major	40	32	24	16	8	<ul style="list-style-type: none"> <li>• Environmental Hazard 1</li> <li>• Inappropriate use after hours</li> <li>• People – Instructor 1 &amp; 2</li> <li>• People – Group Leader 2</li> </ul>
	Moderate	20	16	12	8	4	<ul style="list-style-type: none"> <li>• People – participant behaviour</li> <li>• Environmental Exposure 2</li> <li>• Environmental Exposure 3</li> </ul>
	Minor	10	8	6	4	2	<ul style="list-style-type: none"> <li>• <b>Slip-Trip-Fall 1 &amp; 3</b></li> <li>• <b>Striking 2</b></li> <li>• <b>Striking 1</b></li> <li>• Slip-Trip-Fall</li> <li>• Environmental Exposure 1</li> <li>• Environmental Hazard 2</li> <li>• People – participant ability</li> <li>• <b>Slip-Trip-Fall 2</b></li> <li>• <b>Crushing</b></li> <li>• <b>Manual Handling</b></li> <li>• Entanglement</li> <li>• Cutting / Scratching</li> <li>• Striking</li> <li>• People – Group Leader 1</li> </ul>
	Insignificant	5	4	3	2	1	

NB: All risks in **bold** are SUP Boarding specific risks. All other risks are from the General Activity Hazards RMP and are therefore relevant for all activities.

For grading risks, scores obtained from the risk matrix are assigned grades as follows;

HIGH 20 – 80	MEDIUM 10 – 16	LOW 1 – 8
Unacceptable risk which requires immediate action to reduce or remove the hazard. Senior management <b>must</b> be notified. Item should be <b>TAKEN OFF LINE</b> until risk reduced.	Conditionally acceptable, requires short term controls and continuous monitoring.	Acceptable risk, however monitoring required ensuring risk does not escalate. Review in 12 months or if situation changes.